HP/W 430 - Advanced Practicum in Health Promotion - Community Agencies

**Fall 2016**

**Tuesday, 8-9:30 a.m.**

**Room 222 CPS**

**Instructor:** Terry Aittama **Phone:** 346-3701

**Office:** 240C CPS **E-Mail:** taittama@uwsp.edu

**Course Description**: Students engage in practical experience as a pre-professional in a community health promotion setting to utilize skills and knowledge acquired in previous courses. The instructor assists students with placement in a community agency and works with the student and practicum supervisor to design projects, establish goals and ensure that the student has a meaningful experience. This practicum is designed to further develop skills in program planning, implementation, promotion and evaluation, oral and written communication, collaboration and networking.  The student submits weekly log sheets to the instructor that include a description of work completed and the amount of time spent each week on practicum work. Examples of community placement include the YMCA, Aging and Disability Resources Center, Ministry Medical Group Occupational Medicine, The Boys and Girls Club and the National Wellness Institute. During weekly class meetings students report on progress with programs and projects and present the steps involved in solving complex community health problems utilizing the Community Toolbox as a resource. 3 credits.

**Course Materials and D2L:** D2L is used as a course management tool in this class. Log sheets must be submitted to D2L each week and the grade book is used to record points earned for assignments. Course materials are also posted in the Content section of D2L.

**Learning Outcomes:**

Upon completion of HP/W 430, students will:

* Gain experience in a community health promotion setting to include most, but not necessarily all, of the following:
	+ effective program planning, implementation and evaluation skills
	+ marketing and promotion skills
	+ proficient writing skills
	+ effective communication skills through program presentation and/or facilitation
* Increase awareness of community resources and the importance of collaboration in community work
* Demonstrate the ability to work as part of a team and be accountable for specific tasks
* Explore potential career opportunities and various roles in a community setting
* Develop a professional network
* Demonstrate awareness of diversity within the work setting and work respectfully with all people at all times
* Effectively compare and contrast models for solving community health problems
* Demonstrate competence in utilizing a collaborative approach to solving complex community health issues.

**UWSP Community Bill of Rights and Responsibilities**

**Academic Conduct:** This course is part of the UW-Stevens Point academic community which is bound together by the traditions and practice of scholarship. Therefore, academic integrity is important and honest intellectual work on all assignments and while in the community is essential to the success of each student. Additionally, UWSP values a safe, honest, respectful, and inviting learning environment. As each student is entitled and encouraged to contribute in class and during their community experience, specific expectations are necessary to ensure a thriving learning environment. Expectations include: being on time and prepared for class and practicum work and being accountable for personal actions and behavior. Inappropriate behavior, hurtful language, or any other behavior that may be disruptive to the instructor, other students or clients/participants in the community is considered unacceptable.

**Americans with Disabilities Act**

If you have a disability and require specific accommodations, please register with the Disability Services Office and then contact me at the beginning of the course. I am happy to help in any way I can. For more information, please visit the Disability Services Office, located on the 6th floor of the Learning Resource Center (the Library). You can also find more information here: <http://www4.uwsp.edu/special/disability/>.

**Course Requirements and Assignments:**

1. Attendance and Participation- For optimal learning to occur in this course you will need to attend class and participate. Therefore, please be prepared to ask questions, share experiences, contribute to discussion, participate with an open mind and challenge yourself. For every class missed after one, you will lose 20 points.

2. A minimum of 80 hours of “hands-on” work at an approved community site is required**.**

3. Weekly log sheets - Record the number of hours worked per week, progress on projects and assigned tasks and cumulative semester hours. *Do not record class meetings on log sheets*. **Log sheets must be submitted to the D2L Dropbox by 11:59 p.m. each Sunday for work completed the week before.** *Two points per day will be deducted for late log sheets. Submit log sheets to the correct Dropbox. There are 12 Dropboxes for log sheets, labeled by due date. Submit a log sheet for all 12 weeks, even if you didn’t have work to record that week. Simply state, “no hours completed this week” on the log sheet.*

4. Practicum binder - Develop a course binder that contains an accumulation of all materials created and utilized during the practicum experience. Examples include:

* + - Program planning and implementation materials
		- Marketing and promotion samples – flyers, brochures, newsletter articles, etc.
		- Meeting agendas, planning checklists, etc.
		- Program evaluations
		- Your evaluation of your practicum site

Binders can be submitted in hard copy during class or electronically to the Dropbox by the due date designated on the course calendar.

5. Reflection paper – Write a one-page paper about your practicum experience to include your honest thoughts about what you learned, concerns, suggestions and success stories*.* **Submit to the Dropbox by the date indicated on the course calendar.**

6. Presentations on the collaborative community health model used for the mock coalition formed by the members of the class. Assignment descriptions and details are in D2L.

**Grading**

Log Sheets – 10 points each, 12 weeks 120 points

\*Work Hours (Must accumulate 80+ hours of work) 300 points

\*\*Quality of Work (supervisor evaluation) 100 points

Binder 80 points

Reflection paper 20 points

Community Health Model Presentations 100 points

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TOTAL 720 points

\*Work Hours (Examples): 80 hours = 100% =300 points

 68 hours = 85% = 255 points

 64 hours = 80% = 240 points

\*\*Quality of Work (Examples):

 Supervisor assigns an A = 98% = 98 points

 Supervisor assigns an A- = 93 % = 93 points

 Supervisor assigns a B+ = 88% = 88 points

Note: The mid-point of the range for each grade below is used to determine points for letter grades that supervisors assign.

**Grading Scale:**

 96-100% = A

 90- 95% = A-

 86- 89% = B+

 84- 85% = B

 80- 83% = B-

 76- 79% = C+

 74- 75% = C

**HPW 430, Tentative Course Calendar**

**Spring 2016**

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| **Date** | **Topic/Assignments** |
| 9/6 | Course Introduction and Syllabus ReviewReview of Practicum Placement and Expectations |
| 9/13 | Create class values for our community Updates on placement and scheduling meetings with Terry  |
| 9/20 | UpdatesCommunity health model overview and assignments  |
| 9/27 | What is collaboration? Building Community – A Classroom Exercise  |
| 10/4 | UpdatesPresentation – Assignment 1, Assessing Community Needs and Resources  |
| 10/11 | UpdatesPresentation – Assignment 2 - Coalition Building: Starting a Coalition |
| 10/18 | UpdatesPresentation – Assignment 3 - An Overview of Strategic Planning or “VMOSA” |
| 10/25 | UpdatesPresentation – Assignment 4 - The Adoption and Use of Best Practice |
| 11/1 | UpdatesPresentation – Assignment 5 - Communications to Promote Interest, Preparing Guest Columns and Editorials |
| 11/8 | UpdatesPresentation – Assignment 6 - Methods of Evaluating Comprehensive Community Initiatives: Measuring Success |
| 11/15 | Central Wisconsin Worksite Wellness Network Meeting 8:30-11:00 a.m., North Central Technical College, Wausau |
| 11/22 | Updates Presentation – Assignment 7 - Methods of Evaluating Comprehensive Community Initiatives: Community Level Indicators |
| 11/29 | UpdatesPresentation – Assignment 8 – Asset Based Community Development  |
| 12/6 | Guest Speaker – Corey Huck **Binders Due** |
| 12/13 | Course wrap up, evaluationsBreakfast Club |
| 12/18  | Final log sheet and Reflection Paper Due to Dropbox |